



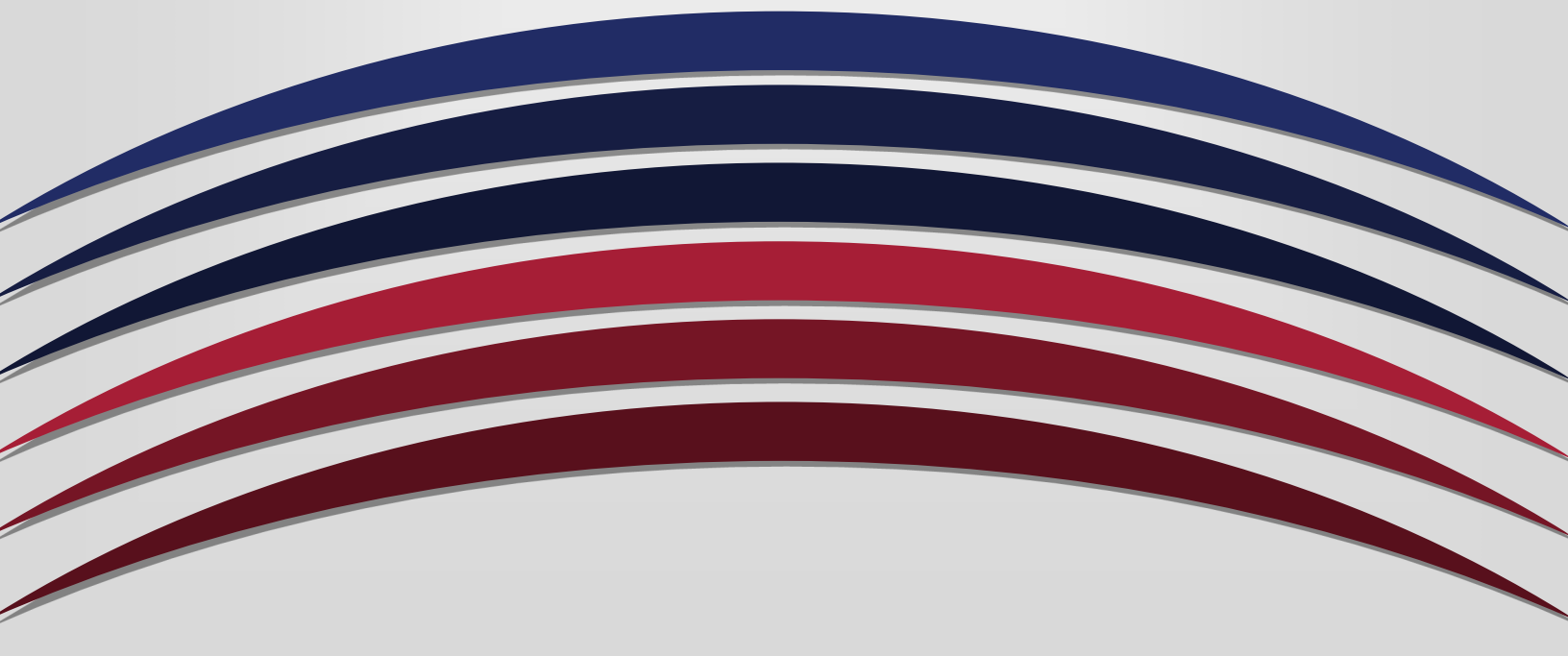
UNIVERSITY OF ARKANSAS  
**PULASKI TECH**

**Course-Level Assessment Report**

**Course: EDPA 1119**

**Academic Year: 2021-2022**

**Due to Chair/Program Director and Faculty Assessment Chair by  
September 1**



1. Name of course: Zumba
2. Name of individual(s) compiling report: Kelley Cowley
3. Date of submission: Sept. 16, 2022
4. Academic year: 2021-2022

## Course-Level Learning Outcomes

### 1. What are the Course-Level Outcomes (CLOs)?

- The student will recognize the importance of cardiovascular health as it relates to overall physical health.
- The student will apply the basic principles of an effective cardiovascular class to weekly workouts.
- The student will develop better cardiovascular health and endurance through participation in Zumba class.

### 2. Which CLOs were addressed for the academic year?

The student will develop better cardiovascular health and endurance through participation in Zumba class

### 3. Which CLOs are being addressed in your assessment plan in the upcoming academic year?

The student will develop better cardiovascular health and endurance through participation in Zumba class

### 4. How does this report connect or map to program-level or institutional-level outcomes?

This is a physical education course. Finding an ILO that connected to this CLO (or even this entire course) was difficult. The best match was ILO #4 – Apply critical thinking skills to achieve a desired goal. By developing increased cardiovascular endurance while participating in class, the students are learning how to take care of their health and well-being. This is a skill that can have significant positive effects that can last throughout his/her lifetime.

For each Course Level Outcome assessed this academic year, please complete the chart below, providing the assessment data for both fall and spring, and then a total for the academic year.

<p>Assessment Methods- How did you assess student learning (define direct assessment methods used) in relation to the course level outcome being reported?</p> <p><i>Note: If more than one assessment method was used, you may insert an additional row.</i></p>	<p>Students across all sections completed a common cardiovascular assessment. Students were tasked with running and/or walking a mile and time of completion is recorded. This assessment takes place the second week of the semester and again the thirteenth or fourteenth week of the semester.</p>	
<p>Were indirect assessment methods also used to assess students? If 'yes', please describe the method used.</p>		<p><b>No</b></p>
<p>How do you define success for an individual student on the CLO assessment assignment or measure?</p>	<p>The assessment goal is for students to show a 15% (or more) decrease in the time it took them to run or walk 1 mile on the second test at the end of the semester.</p>	
<p>How do you define success for the course level outcome? What is the benchmark for the Course Level Outcome?</p>	<p>The goal I have set for this class is for 70% of students to show a 15% reduction.</p>	
<p>How many students completed the assessment, and how many were successful?</p>	<p><b>Fall</b> 9 students assessed 6 successful (67% success rate)</p>	<p><b>Spring</b> 8 students assessed 6 successful (75% success rate)</p>

Academic Year Total (add the numbers from Fall and Spring)	17 students assessed 12 successful (71% success rate)	
Was the benchmark/goal for this academic year met?	Yes	
Were standardized rubrics, tests, or checklists used?		No

## 5. What is your analysis of the findings?

Students get very nervous when performing this assessment because it is completely physical. This is something most of them are not used to doing. However, they appear to do their best and in general they want to perform better during the second assessment. I feel that this assessment is the most concrete method to determine whether or not students' cardiovascular fitness improves over the course of the semester.

## 6. What is the action plan for the upcoming academic year?

### Explain.

I plan to use the same method to continue to assess CLO #3 for the 22-23 school year.