2+2 Degree Plan Checklist
Associate of Science in Liberal Arts and Sciences
Bachelor of Science in Health Promotion

UNIVERSITY OF CENTRAL ARKANSAS

UNIVERSITY OF ARKANSAS PULASKI TECHNICAL COLLEGE

University of Arkansas-Pulaski Technical College[1]

Associate of Science in Liberal Arts and Sciences[2]

General Education Requirements (35 credit hours)

English/Communication (9 credit hours)			UCA[3]	Semester	Hours	Grade
ENGL	10103	English Composition I	WRTG 1310		3	
ENGL	10203	English Composition II	WRTG 1320		3	
SPCH	10003	Speech Communications	COMM 1300		3	

Mathematics (3 credit hours)			UCA	Semester	Hours	Grade
MATH	11103	Mathematical Reasoning	MATH 1360		3	

Sciences (8 credit hours)			UCA	Semester	Hours	Grade
BIOL	10131/10143	Biological Science and Lab	BIOL 1440		4	
PHSC	10043/10031	Physical Science and Lab *(or other ASLAS Physical Science with Lab)*	PHYS 1400		4	

Arts and Humanities (3 credit hours)			UCA	Semester	Hours	Grade
		Choose one:				
ARHS	10003	Introduction to Visual Art	ART 2300		3	
MUSC	10003	Introduction to Music	MUS 2300			
THTR	10003	Introduction to Theatre	THEA 2300			
		(or other ASLAS Arts and Humanities)				

Literature (3 Credit Hours)			UCA	Semester	Hours	Grade
		Choose one:				
ENGL	21103	World Literature from the Beginning to 1650	ENGL 2305		3	
ENGL	21203	World Literature from 1650 to the Present	ENGL 2306			
		(or other ASLAS Literature)				

History/Government (3 credit hours)			UCA	Semester	Hours	Grade
		Choose one:				
HIST	21103	US History to 1877	HIST 2301		3	
HIST	21203	US History since 1877	HIST 2302			
PLSC	20003	American National Government	PSCI 1330			

Social Sciences (6 credit hours)			UCA	Semester	Hours	Grade
		Choose one:				
PSYC	11003	Psychology and the Human Experience	PSYC 1300		3	
SOCI	10103	Introduction to Sociology	SOC 1300			
		Choose one:				
GEOG	21103	Cultural Geography	GEOG 1320		3	
PSYC	21003	Developmental Psychology	PSYC 3321			
		(or other ASLAS Social Science)				

Health Education Core (25 credit hours)[4]

			UCA	Semester	Hours	Grade
BIOL	24031/24043	Lab and Lecture Human Anatomy and Physiology I	BIOL 1410		4	
BIOL	24131/24143	Lab and Lecture Human Anatomy and Physiology II	BIOL 2410		4	
BIOL	20031/20043	Microbiology Lab and Lecture	BIOL 2411		4	
HEAL	10003	Concepts of Lifetime Health and Wellness	HLTH 1320		3	
MATH	21003	Introduction to Statistics and Probability	MATH 2311		3	
		ASLAS Approved Elective			3	
		ASLAS Approved Elective			3	
		ASLAS Approved Elective			1	

Total Hours: 60[5]

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UNIVERSITY OF CENTRAL ARKANSAS

UNIVERSITY OF ARKANSAS PULASKI TECHNICAL COLLEGE

University of Central Arkansas
Bachelor of Science in Health Promotion
UCA Courses (60 credit hours)[6]

Required Core Courses (27 credit hours)			Semester	Hours	Grade
HLTH	3300	Methods & Materials for Health Promotion (UD UCA Core: C)		3	
HLTH	3301	The Health Promotion Profession (UD UCA Core: R)		3	
HLTH	3320	Epidemiological Research (UD UCA Core: I)		3	
HLTH	4300	Community Health Problems		3	
HLTH	4320	Health Communication & Advocacy		3	
HLTH	4331	Program Planning & Evaluation		3	
HLTH	4370	Administration of Health Programs (UD UCA Core: C)		3	
HLTH	4600	Health Promotion Internship (UD UCA Core: Z)		6	

Required Content Course (3 credit hours)			Semester	Hours	Grade
HLTH	3325	Disease Management for Health Promotion		3	

Upper Division Diversity Elective (3 credit hours)			Semester	Hours	Grade
		Choose one:			
HLTH	3305	Human Sexuality (UD UCA Core: D)		3	
HLTH	4343	Health Strategies for Multicultural Populations (UD UCA Core: D)			
HLTH	4395	Contemporary Health Concerns: Women (UD UCA Core: D)			
HLTH	4396	Contemporary Health Concerns: Men (UD UCA Core: D)			

Major Electives (6 credit hours)			Semester	Hours	Grade
		Choose at least 6 credit hours:			
HLTH	2320	Mental Health		6	
HLTH	3123	Medical Terminology			
HLTH	4301	Health Promotion in the Medical Care Setting			
HLTH	4302	Health Promotion in the Worksite			
HLTH	4303	Environmental Health Problems			
HLTH	4310	Health Concerns of the Aging			
HLTH	4398	Health Coaching I			
HLTH	4399	Health Coaching II			
HLTH	3315	Theory and Practice of Prevention			
HLTH	4312	Drug Education			

Electives (21 credit hours)			Semester	Hours	Grade
		Upper Division General Electives		4	
		General Electives		17	
			Total Hours:	**120**[7]	

[1] See your UA-PTC advisor for degree and graduation information.

[2] Agreement requirements are guaranteed in accordance with the academic year of initial enrollment at UA-PTC, not to precede the academic year during which the agreement first took effect. A period of non-enrollment of 12 months or more requires that the student adhere to the agreement revision corresponding with the academic year of re-enrollment.

[3] UCA course is either guaranteed by ACTS (acts.adhe.edu) or by UCA Department Chair approval (if blank, elective credit will be awarded).

[4] The following four courses prepare students for ACE Health Coaching Certification: HLTH 1320, HLTH 3325, HLTH 4398, HLTH 4399.

[5] Students completing the AS in Liberal Arts and Sciences degree requirements, as shown above, with a minimum 2.0 cumulative GPA, will have satisfied the UCA Lower-Division Core and will be admitted to the BS in Health Promotion degree program as a junior.

[6] In order to receive important communications about transferring to UCA, students are encouraged to create a UCA student account at admissions.uca.edu/apply/. For more information about the 2+2 program, students may also send email inquiries to ucatransfer@uca.edu.

[7] This agreement requires 120 credit hours as follows: maximum 60 at UA-PTC and remaining 60 at UCA (40 of which must be upper-division).