

Colors Personality Quiz

Describe Yourself: In the boxes below are groups of word clusters printed **horizontally** in rows. Look at all the choices in the first box (A, B, C, D). Read the words and **decide which of the four letter choices is most like you**. Give that a "4". Then rank order the next three letter choices from 3-1 in descending preference. You will end up with a box of four letter choices, ranked from "4" (most like you) to "1" (least like you). Continue this process with the remaining four boxes until each have a 4, 3, 2, and 1.

Box One

A _____

active
opportunistic
spontaneous

B _____

parental
traditional
responsible

C _____

authentic
harmonious
compassionate

D _____

versatile
inventive
competent

Box Two

E _____

curious
conceptual
knowledgeable

F _____

unique
empathetic
communicative

G _____

practical
sensible
dependable

H _____

competitive
impetuous
impactful

Box Three

I _____

loyal
conservative
organized

J _____

devoted
warm
poetic

K _____

realistic
open-minded
adventuresome

L _____

theoretical
seeking
ingenious

Box Four

M _____

concerned
procedural
cooperative

N _____

daring
impulsive
fun

O _____

tender
inspirational
dramatic

P _____

determined
complex
composed

Box Five

Q _____

philosophical
principled
rational

R _____

vivacious
affectionate
sympathetic

S _____

exciting
courageous
skillful

T _____

orderly
conventional
caring

A, H, K, N, S orange = _____

B, G, I, M, T gold = _____

C, F, J, O, R blue = _____

D, E, L, P, Q green = _____

Adapted from: http://www.nfty.org/_kd/Items/actions.cfm?action=Show&item_id=12*54&destination=ShowItem

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Colors Personality Quiz Scoresheet

This scoresheet can be used to simplify the tally from the Colors assessment page.

	Orange	Gold	Blue	Green
A	_____	B _____	C _____	D _____
H	_____	G _____	F _____	E _____
K	_____	I _____	J _____	L _____
N	_____	M _____	O _____	P _____
S	_____	T _____	R _____	Q _____
TOTAL	Orange	Gold	Blue	Green

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Blue

I need to feel unique and authentic.

Enthusiastic, Sympathetic, Personal

I look for meaning and significance in life.

Warm, Communicative, Compassionate

I need to contribute, to encourage, and to care.

Idealistic, Spiritual, Sincere

I value integrity and unity in relationships.

Peaceful, Flexible, Imaginative

I am a natural romantic, a poet, a nurturer.

In Childhood...

- I was extremely imaginative and found it difficult to fit into the structure of school life.
- I reacted with great sensitivity to discordance or rejection and sought recognition.
- I responded to encouragement rather than competition.

In Relationships...

- I seek harmonious relationships.
- I am a true romantic and believe in drama, warmth, and empathy to all relationships.
- I enjoy the symbols of romance such as flowers, candlelight, and music and cherish the small gestures of affection.

At Work...

- I have a strong desire to influence others so they may lead more significant lives.
- I often work in the arts, communication, education, and helping professions.
- I am adept at motivating and interacting with others.

Leadership Style...

- Expects others to express views
- Assumes "family spirit"
- Works to develop others' potential
- Individuals oriented
- Democratic, unstructured approach
- Encourages change via human potential
- Change time allows for sense of security
- Expects people to develop their potential

Symptoms of a Bad Day...

- Attention-getting misbehaving
- Lying to save face
- Withdrawal
- Fantasy, day-dreaming, and going into a trance
- Crying and depression
- Passive resistance
- Yelling and screaming

Gold

I need to follow rules and respect authority.

Loyal, Dependable, Prepared

I have a strong sense of what is right and wrong in life.

Thorough, Sensible, Punctual

I need to be useful and belong.

Faithful, Stable, Organized

I value home, family, and tradition.

Caring, Concerned, Concrete

I am a natural preserver, a parent, a helper.

In Childhood...

- I wanted to follow the rules and regulations of the school.
- I understood and respected authority and was comfortable with academic routine.
- I was the easiest of all types of children to adapt to the education system.

In Relationships...

- I am serious and tend to have traditional, conservative views of both love and marriage.
- I enjoy others who can work along with me, building secure, predictable relationships together.
- I demonstrate admiration through the practical things I do for the ones I love.

At Work...

- I provide stability and can maintain organization.
- My ability to handle details and to work hard makes me the backbone of many organizations.
- I believe that work comes before play, even if I must work overtime to complete the task.

Leadership Style...

- Expects punctuality, order, loyalty
- Assumes "right" way to do things
- Seldom questions tradition
- Rules oriented
- Detailed/thorough approach – threatened by change
- Prolonged time to initiate any change
- Expects people to "play" their roles

Symptoms of a Bad Day...

- Complaining and self-pity
- Anxiety and worry
- Depression and fatigue
- Psychosomatic problems
- Malicious judgments about yourself or others
- Herd mentality exhibited in blind following of leaders
- Authoritarianism and phobic reactions

Orange

I act on a moment's notice.

Witty, Charming, Spontaneous

I consider life a game, here and now.

Impulsive, Generous, Impactful

I need fun, variety, stimulation, and excitement.

Optimistic, Eager, Bold

I value skill, resourcefulness, and courage.

Physical, Immediate, Fraternal

I am a natural trouble shooter, a performer, a competitor.

In Childhood...

- Of all types of children, I had the most difficult time fitting into academic routine.
- I learned by doing and experiencing rather than by listening and reading.
- I needed physical involvement in the learning process and was motivated by my own natural competitive nature and sense of fun.

In Relationships...

- I seek a relationship with shared activities and interests.
- I like to explore new ways to energize the relationship.
- In a relationship, I need to be bold and thrive on physical contact.
- I enjoy giving extravagant gifts that bring obvious pleasure to special people in my life.

At Work...

- I am bored and restless with jobs that are routine and structured.
- I am satisfied in careers that allow me independence and freedom, while utilizing my physical coordination and my love of tools.
- I view any kind of tool as an extension of myself.
- I am a natural performer.

Leadership Style...

- Expects quick action
- Works in the here and now
- Performance oriented
- Flexible approach
- Welcomes change
- Expects people to "make it fun"

Symptoms of a Bad Day...

- Rudeness and defiance
- Breaking the rules intentionally
- Running away and dropping out
- Use of stimulants
- Acting out boisterously
- Lying and cheating
- Physical aggressiveness

Green

I seek knowledge and understanding.

Analytical, Global, Conceptual

I live by my own standards.

Cool, Calm, Collected

I need explanation and answers.

Inventive, Logical, Perfectionist

I value intelligence, insight, fairness, and justice.

Abstract, Hypothetical, Investigative

I am a natural nonconformist, a visionary, a problem solver.

In Childhood...

- I appeared to be older than my years and focused on my greater interests, achieving in subjects that were mentally stimulating.
- I was impatient with drill and routine, questioned authority, and found it necessary to respect teachers before I could learn from them.

In Relationships...

- I prefer to let my head rule my heart.
- I dislike repetition, so it is difficult for me to continuously express feeling. I believe that once feelings are stated, they are obvious to others.
- I am uneasy when my emotions control me; I want to establish a relationship, leave it to maintain itself, and turn my energies to my studies, work or other interests.

At Work...

- I am conceptual and an independent thinker. For me, work is play.
- I am drawn to constant challenge in careers and like to develop models, explore ideas, or build systems to satisfy my need to deal with innovation.
- Once I have perfected an idea, I prefer to move on, leaving the project to be maintained and supported by others.

Leadership Style...

- Expects intelligence and competence
- Assumes task relevancy
- Seeks ways to improve systems
- Visionary
- Analytical
- Encourages change for improvement
- Constantly "in process" of change
- Expects people to follow through

Symptoms of a Bad Day...

- Indecisiveness
- Refusal to comply or cooperate; the silent treatment
- Extreme aloofness and withdrawal
- Snobbish, put-down remarks, and sarcasm
- Perfectionism due to severe performance anxiety
- Highly critical attitudes toward yourself or others

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