

Finding Articles in the Sociology Database

Sociology is a ProQuest database that focuses on articles from sociology and social work publications.

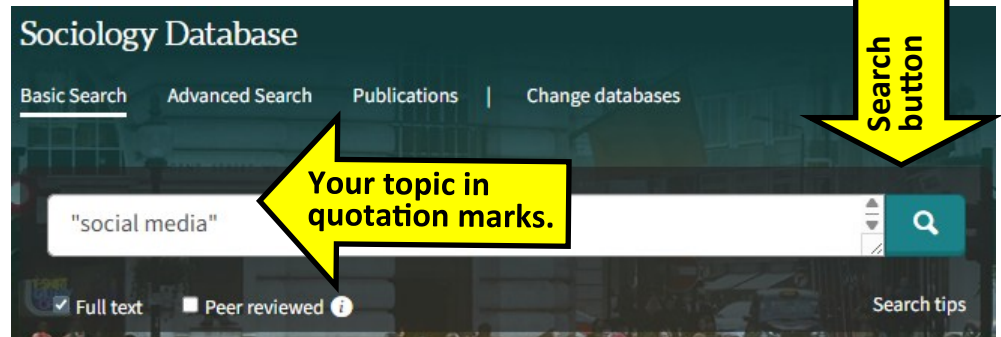
To get to **Sociology** start on the **UA-PTC Libraries** homepage: <http://www.uaptc.edu/library>.

- Click on the **A-Z Databases** icon.
- Select **Sociology** from the alphabetical list of databases.

Sociology opens to a Basic Search screen with a single search box.

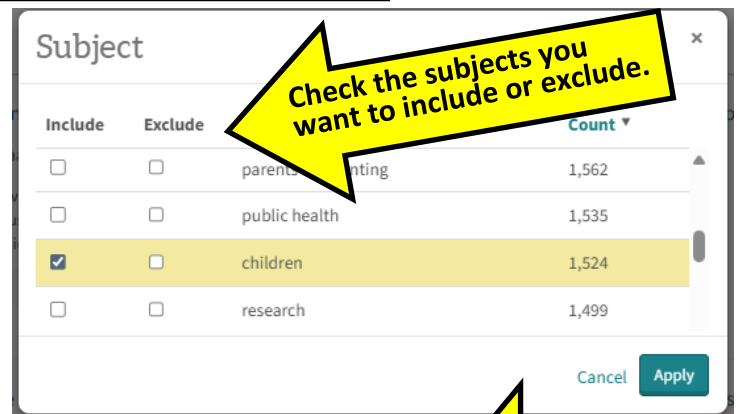
To see how **Sociology** works, let's look for articles on **social media**.

Type the topic, **social media**, in the search box. Put the term in **quotation marks** to tell the database that you want to search for the words as a complete phrase. Then click the **Search** button.

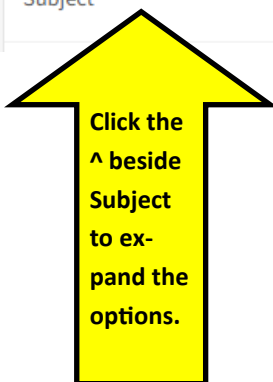


Focusing results and getting a copy of an article.

The next screen displays your search results in order of relevance. You can limit your results using the **Limit to** menu (on left) and select a **Subject** to limit your results (on right).



Options to print and cite.



Choose an article and click on the underlined title to view the full text.

Back to results 1 of 1,524 Full Text Scholarly Journal

Digital socialisation and self-identity: Psychosocial challenges faced by Generation Z adolescent girls while navigating social media platforms

Mafa, Itai H, PhD; Chigwedere, Casper, PhD. *Journal of Social Development in Africa*; Harare Vol. 40, Iss. 1, (2025): 62-85. DOI:10.4314/jsda.v40i1.4

Full text PDF Abstract/Details

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Research Article

Journal of Social Development in Africa, Vol. 40(1), 62-85
DOI: 10.4314/jsda.v40i1.4
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Digital socialisation and self-identity: Psychosocial challenges faced by Generation Z adolescent girls while navigating social media platforms

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Abstract
Through the dual lenses of the psychosocial theory of development and the social learning theory, this multi-disciplinary study looks at the psycho-social effects of social media use on Generation-Z adolescent girls in Zimbabwe, colloquially identified as 'Ama2000'. This study employed a qualitative approach through a narrative research design. Interviews were conducted with 11 adolescent girls and 4 key informants. Data that were analysed through narrative analysis established that many young girls suffer from body dysmorphic disorder as they felt that their bodies were contrary to the ideal figure depicted on social media platforms. Others also acquired a 'borrowed

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Here is the key takeaway.

The study highlights the significant impact of social media on the mental health and self-identity of Generation Z adolescent girls, leading to issues such as social media addiction, body dysmorphic disorder, and low self-esteem.

Additional topics discussed include:

- Psychosocial challenges of

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Explore suggested sources.

Improving early adolescent girls' social self-concept: Using a mixed methods evaluation to build the Growing Girls Prog...
Shinaberry, Kaitlyn Anne Fleck. ProQuest Dissertations and Theses. (01 Jan 2016)

Young Women Imaging God: Educating for a Prophetic Imagination in Catholic Girls' Schools
Cameron, Cynthia L. ProQuest Dissertations and Theses. (01 Jan 2017)

What are the findings or conclusions?

Use the buttons to download, print, or cite the article.

The **Research Assistant** summarizes and directs you to additional sources.